Rat Estrogen Receptor Beta
(rERβ; rat ESR2; nr3a2)
Reporter Assay System

96-well Format Assays
Product # R00411

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Technical Manual
(version 7.2i)

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INDIGO BIOSCIENCES

Nuclear Receptor & *In Vitro* Toxicology Solutions™

Rat ERβ Reporter Assay System
96-well Format Assays

I. Description

▪ The Assay System ▪

This assay utilizes proprietary non-human cells engineered to provide constitutive, high-level expression of the full-length ***Rattus norvegicus*** **Estrogen Receptor 1** (**nr3a2**), a ligand-dependent transcription factor referred to herein as **rERβ**.

INDIGO's Reporter Cells include the luciferase reporter gene functionally linked to an ER-responsive promoter. Thus, quantifying changes in luciferase expression in the treated reporter cells provides a sensitive surrogate measure of the changes in rERβ activity. Luciferase gene expression occurs after ligand-bound rERβ undergoes nuclear translocation, DNA binding, recruitment and assembly of the co-activators and accessory factors required to form a functional transcription complex, culminating in expression of the target reporter gene. Unlike some other cell-based assay strategies, the readout from INDIGO's reporter cells demands the same orchestration of all intracellular molecular interactions and events that can be expected to occur *in vivo*.

Rat ERβ Reporter Cells are prepared using INDIGO's proprietary **CryoMite™** process. This cryo-preservation method yields exceptional cell viability post-thaw, and provides the convenience of immediately dispensing healthy, division-competent reporter cells into assay plates. There is no need for cumbersome intermediate treatment steps such as spin-and-rinse of cells, viability determinations, cell titer adjustments, or the pre-incubation of reporter cells prior to assay setup.

The principal application of this assay product is in the screening of test samples to quantify functional activities, either agonist or antagonist, that they may exert against the rat estrogen receptor. This is an all-inclusive assay system that includes, in addition to rERβ Reporter Cells, two optimized media for use during cell culture and in diluting the user's test samples, the reference agonist 17β-estradiol, Luciferase Detection Reagent, a cell culture-ready assay plate, and a detailed protocol.

▪ The Assay Chemistry ▪

INDIGO's nuclear receptor assay kits capitalize on the extremely low background, high-sensitivity, and broad linear dynamic range of bio-luminescence reporter gene technology.

Reporter Cells incorporate the cDNA encoding beetle luciferase, a 62 kD protein originating from the North American firefly (*Photinus pyralis*). Luciferase catalyzes the mono-oxidation of D-luciferin in a Mg^{+2}-dependent reaction that consumes O_2 and ATP as co-substrates, and yields as products oxyluciferin, AMP, PP_i, CO_2, and photon emission. Luminescence intensity of the reaction is quantified using a luminometer and is reported in terms of Relative Light Units (RLU's).

Assay kits feature a luciferase detection reagent specially formulated to provide stable light emission between 5 and 90+ minutes after initiating the luciferase reaction. Incorporating a 5-minute reaction-rest period ensures that light emission profiles attain maximal stability, thereby allowing assay plates to be processed in batch. By doing so, the signal output from all sample wells, from one plate to the next, may be directly compared within an experimental set.

▪ Preparation of Test Compounds ▪

Small molecule test compounds are typically solvated in DMSO at high concentrations; ideally 1,000x-concentrated stocks relative to the highest desired treatment concentration in the assay. Using high-concentration stocks minimizes DMSO carry-over into the assay plates. Immediately prior to setting up an assay, the master stocks are serially diluted using one of two alternative strategies:

1.) As described in *Step 7* and depicted in APPENDIX 1 for the reference agonist 17β-estradiol, **Compound Screening Medium (CSM)** may be used as the diluent to make serial dilutions of test compounds to achieve the desired final assay concentration series.

Alternatively, if test compound solubility is expected to be problematic,
2.) DMSO may be used to make serial dilutions, thereby generating 1,000x-concentrated stocks for each independent test concentration. Treatment media are then prepared using CSM to make final 1,000-fold dilutions of the prepared DMSO dilution series.

Regardless of the dilution method used, the final concentration of total DMSO (or any organic solvent) carried over into assay wells should not exceed 0.4%. Significant cytotoxicity can be expected above 0.4% DMSO exposure over a 24 hr period.

> *NOTE:* CSM is formulated to help stabilize hydrophobic test compounds in the aqueous environment of the assay mixture. Nonetheless, high concentrations of extremely hydrophobic test compounds diluted in CSM may lack long-term stability and/or solubility, especially if further stored at low temperatures. Hence, it is recommended that test compound dilutions are prepared in CSM immediately prior to assay setup and are considered to be 'single-use' reagents.

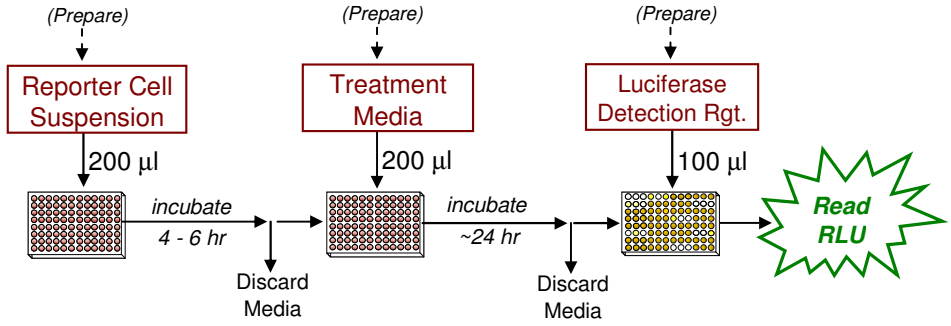
▪ Considerations for Automated Dispensing ▪

When processing a small number of assay plates, first carefully consider the dead volume requirement of your dispensing instrument before committing assay reagents to its setup. In essence, "dead volume" is the volume of reagent that is dedicated to the instrument; it will *not* be available for final dispensing into assay wells. The following Table provides information on reagent volume requirements, and available excesses.

Stock Reagent & Volume provided	**Volume to be Dispensed** *(96-well plate)*	**Excess rgt. volume available for instrument dead volume**
Reporter Cell Suspension 21 ml *(prepared from kit components)*	200 µl / well 19.2 ml / plate	~ 1.8 ml
LDR 12 ml *(prepared from kit components)*	100 µl / well 9.6 ml / plate	~ 2.4 ml

▪ Assay Scheme ▪

Figure 1. Assay workflow. *In brief*, Reporter Cells is dispensed into wells of the assay plate and pre-incubated for 4-6 hours. Following the pre-incubation period, culture media are discarded, and the prepared treatment media are added. Following 22-24 hr incubation, treatment media are discarded, and the prepared Luciferase Detection Reagent is added. Light emission (in units of 'Relative Light Units'; RLU) from each assay well is quantified using a plate-reading luminometer. *Note:* If INDIGO's Live Cell Multiplex (LCM) Assay is to be incorporated, refer to the assay workflow schematic provided in the LCM Assay Technical manual.



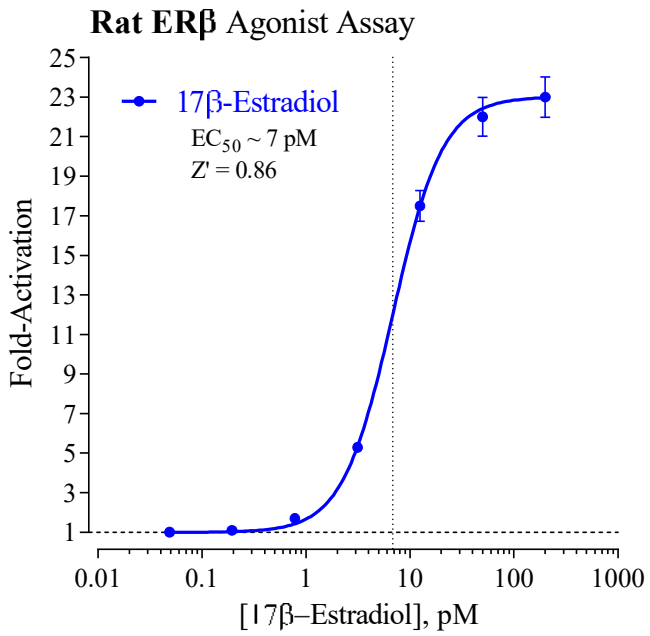


Figure 2. Agonist dose-response analyses of the Rat ERβ assay.

Agonist-mode dose-response analysis of the rat ERβ were performed using the reference agonist 17β-Estradiol (E2; provided) as described in this Technical Manual. Relative Light Units (RLU) were quantified and average values of RLU, standard deviation (SD) and Fold-Activation were determined for each treatment concentration (n=3). Non-linear regression analyses of Fold-Activation *vs* Log_{10}[E2, pM] and EC_{50} determination was performed using GraphPad Prism software. The high Z' score[1] confirms the robust performance of this rat ERβ Assay.

[1] Zhang JH, Chung TD, Oldenburg KR. (1999) A Simple Statistical Parameter for Use in Evaluation and Validation of High Throughput Screening Assays. J Biomol Screen.:**4**(2), 67-73.

$Z' = 1 - [3*(SD^{Ref\ EC100} + SD^{Background}) / (RLU^{Ref\ EC100} - RLU^{Background})]$

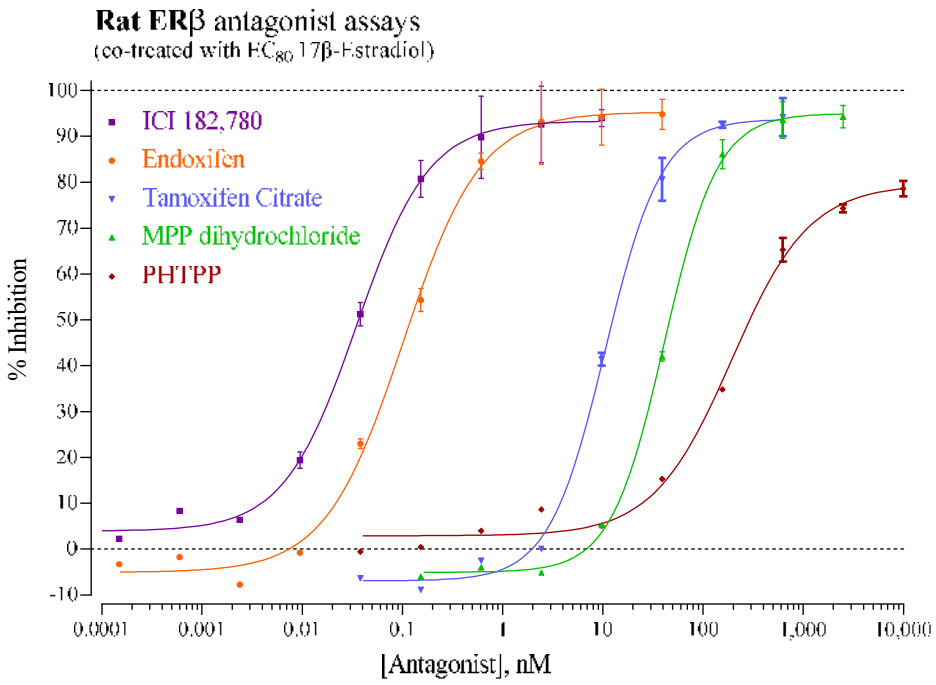


Figure 3. Antagonist dose-response analyses of the Rat ERβ assay.

Antagonist-mode dose-response analyses of the rat ERβ were performed by co-treating the reporter cells with a fixed EC_{80} concentration of the agonist 17β-Estradiol (provided) and varying concentrations of the respective reference antagonists MPP dihydrochloride (Tocris), Endoxifen, Tamoxifen citrate, PHTPP, or ICI182780 (all from Cayman Chemical).

II. Product Components & Storage Conditions

This Rat ERβ Assay kit contains materials to perform assays in a single collagen-coated 96-well assay plate.

Reporter cells are temperature sensitive! To ensure maximal viability the tube of cells must be maintained at -80°C until immediately prior to the rapid-thaw procedure described in *Step 2* of this protocol.

Assay kits are shipped on dry ice. Upon receipt of the kit transfer it to -80°C storage. If you wish to first inspect and inventory the individual kit components be sure to first transfer and submerge the tube of reporter cells in dry ice.

The aliquot of Reporter Cells is provided as a single-use reagent. Once thawed, reporter cells can NOT be refrozen, nor can they be maintained in extended culture with any hope of retaining downstream assay performance. Therefore, extra volumes of these reagents should be discarded after assay setup.

The date of product expiration is printed on the Product Qualification Insert (PQI) enclosed with each kit.

Kit Components	*Amount*	*Storage Temp.*
▪ Rat ERβ Reporter Cells	1 x 2.0 mL	**-80°C**
▪ Cell Recovery Medium (CRM)	2 x 10.5 mL	-20°C
▪ Compound Screening Medium (CSM)	1 x 45 mL	-20°C
▪ 17β-Estradiol, 200 nM (in DMSO) (E2, reference agonist for the ER's)	1 x 30 µL	-20°C
▪ Detection Substrate	1 x 6.0 mL	**-80°C**
▪ Detection Buffer	1 x 6.0 mL	-20°C
▪ 96-well, *collagen-coated* assay plate (white, sterile, cell-culture ready)	1	**-20°C**

NOTE: This Assay kit contains one 96-well assay plate in which the assay wells have been collagen-coated and dried; the assay plate should be stored frozen (-20°C or colder) until use.

III. Materials to be Supplied by the User

The following materials must be provided by the user, and should be made ready prior to initiating the assay procedure:

DAY 1

- dry ice bucket (*Step 2*)
- cell culture-rated laminar flow hood.
- 37°C, humidified 5% CO_2 incubator for mammalian cell culture.
- 37°C water bath.
- 70% alcohol wipes
- 8-channel electronic, repeat-dispensing pipettes & sterile tips
- disposable media basins, sterile.
- sterile multi-channel media basins (such as the Heathrow Scientific "Dual-Function Solution Basin"), *or* sterilized 96 deep-well blocks (*e.g.,* Axygen Scientific, #P-2ML-SQ-C-S), *or* appropriate similar vessel for generating dilution series of reference and test compound(s).
- *Optional:* Reference Antagonist (refer to Fig 3.)
- *Optional:* clear 96-well assay plate, sterile, *collagen-coated*, for viewing cells on *Day 2*.

DAY 2 plate-reading luminometer.

IV. Assay Protocol

Review the entire Assay Protocol before starting. Completing the assay requires an overnight incubation. *Steps 1-11* are performed on ***Day 1***, requiring less than 2 hours of actual bench work plus a 4 hour pre-incubation step. *Steps 12-17* are performed on ***Day 2*** and require less than 1 hour to complete.

▪ A word about Antagonist-mode assay setup ▪

Receptor inhibition assays expose the Reporter Cells to a fixed, sub-maximal concentration (typically between EC_{50} – EC_{80}) of an agonist AND varying concentrations of the test compound(s) to be evaluated for antagonist activity. This ERβ Assay kit includes a 200 nM stock solution of **E2**, a potent physiological agonist of the ER's that may be used to setup antagonist-mode assays. 15 pM E2 typically approximates $EC_{70\text{-}80}$ in this assay. Hence, it is a suitable concentration of agonist to be used when screening test compounds for inhibitory activity to rat ERβ.

Add the challenge agonist (E2) to a bulk volume of **CSM** at an EC_{50} – EC_{80} concentration. This medium is then used to prepare serial dilutions of test compounds to achieve the desired respective final assay concentrations. This is an efficient and precise method of setting up antagonist assays, and it is the method presented in *Step 7b* of this protocol.

DAY 1 Assay Protocol: All steps must be performed using aseptic technique.

1.) Remove the **2 tubes** of **Cell Recovery Medium (CRM)** from freezer storage, thaw and equilibrate to 37°C using a water bath.

2.) Rapid Thaw of the Reporter Cells: *First*, retrieve the two tubes of **CRM** from the 37°C water bath and sanitize their outside surfaces with a 70% ethanol swab.

Second, retrieve the tube of **Reporter Cells** from -80°C storage, place it directly into a dry ice bucket and transport the cells to the laminar flow hood. When ready, transfer the tube of reporter cells into a rack and, *without delay*, perform a rapid thaw of the cells by transferring 9.5 ml from ***each* of the 2 tubes** of 37°C CRM into the tube of frozen cells. Place the tube of Reporter Cells in a 37°C water bath for 5 - 10 minutes. The resulting volume of cell suspension will be **21 ml**.

3.) Retrieve the tube of Reporter Cell Suspension from the water bath and sanitize the outside surface with a 70% alcohol swab.

4.) Gently invert the tube of Reporter Cells several times to gain a homogenous cell suspension, then pour-over into a sterile media basin. Using an 8-channel pipette, dispense **200 µl / well** of cell suspension into the assay plate.

NOTE 4.1: If INDIGO's Live Cell Multiplex Assay is to be incorporated, a minimum of 3 'blank' wells (meaning cell-free but containing 'CSM') must be included in the assay plate to allow quantification of fluorescence background (refer to the LCMA Technical Manual).

NOTE 4.2: Increased well-to-well variation (= increased standard deviation!) will occur if care is not taken to prevent cells from settling in the media basin during the dispensing period. Likewise, take care to ensure precision in dispensing exact volumes across the assay plate.

NOTE 4.3: Users sometimes wish to examine the reporter cells using a microscope. If so, the extra volume of cell suspension provided with each kit may be dispensed into a clear, *collagen-coated* 96-well assay plate. Continue to process the clear plate in identical manner to the white assay plate.

5.) Pre-incubate reporter cells. Place the assay plate into a cell culture incubator (37°C, ≥ 70% humidity, 5% CO_2) for 4 - 6 hours.

6.) Near the end of the pre-incubation period remove Compound Screening Medium (CSM) from freezer storage and thaw in a 37°C water bath.

7.) Prepare the Test Compound and Reference Compound treatment media at the desired final assay concentrations. Use **CSM** to prepare an appropriate dilution series of the reference and test compound stocks. Prepare all treatment media at the desired final assay concentrations. In *Step 9*, the prepared treatment media will be dispensed at **200 µl / well** into the assay plate. Manage dilution volumes carefully; this assay kit provides **45 ml** of CSM.

NOTE: Total DMSO carried over into assay reactions should not exceed 0.4%.

a. ***Agonist*-mode assays**: This rat ERβ Assay kit includes a 200 nM stock solution of **E2**, a potent physiological agonist of the ER's. The following 7-point treatment series, with concentrations prepared in 4-fold decrements, provides a complete dose-response: 200, 50, 12.5, 3.13, 0.781, 0.195, and 0.0488 pM. Always include 'untreated' (or 'Vehicle only') control wells. **APPENDIX 1** provides guidance for generating this a dilution series.

~ or ~

b. ***Antagonist*-mode assays**: When setting up antagonist assays, first supplement a bulk volume of CSM with the challenge agonist **E2** to achieve an $EC_{50\text{-}80}$ concentration (*e.g.*, ~ 15 pM; refer to "*A word about antagonist-mode assay setup*", pg. 8). The E2-supplemented CSM is then used to generate dilutions of test compound stocks to achieve the desired final assay concentrations.

8.) At the end of the 4-6 hour pre-culture period, discard the media. The preferred method is to use a 'wrist flick' to manually eject media into an appropriate waste container. *Gently* tap the inverted plate onto a clean absorbent paper towel to remove residual droplets. Cells will remain tightly adhered to well bottoms.

9.) Dispense **200 µl / well** of each prepared treatment media into the assay plate.

NOTE: If well-to-well variation due to 'edge-effects' is a concern this problem *may* be mitigated by dispensing sterile liquid into the *inter-well* spaces of the assay plate. Simply remove 1 tip from the 8-channel dispenser and dispense 100 µl of sterile water into each of the seven inter-well spaces per column of wells.

10.) Transfer the assay plate into a cell culture incubator for 22 - 24 hours.

NOTE: Ensure a high-humidity (≥ 70%) environment within the cell culture incubator. This is critical to prevent the onset of deleterious "edge-effects" in the assay plate.

11.) For greater convenience on *Day 2*, retrieve **Detection Substrate** *and* **Detection Buffer** from freezer storage and place them in a dark refrigerator (4°C) to thaw overnight.

DAY 2 Assay Protocol: Subsequent manipulations do *not* require special regard for aseptic technique and may be performed on a bench top.

12.) Approximately 30 minutes before intending to quantify receptor activity, remove **Detection Substrate** and **Detection Buffer** from the refrigerator and place them in a low-light area so that they may equilibrate to room temperature.

NOTE: Do NOT actively warm Detection Substrate above room temperature. If these solutions were not allowed to thaw overnight at 4°C, a room temperature water bath may be used to expedite thawing.

13.) Set the plate-reader to "luminescence" mode. Set the instrument to perform a single 5 second "plate shake" prior to reading the first assay well. Read time may be set to 0.5 second (500 mSec) per well, *or less*.

14.) *Immediately before proceeding to Step 15*, transfer the entire volume of Detection Buffer into the vial of Detection Substrate, thereby generating a 12 ml volume of **Luciferase Detection Reagent (LDR)**. Mix gently to avoid foaming.

15.) Following 22 - 24 hours incubation in treatment media, discard the media contents by manually ejecting it into an appropriate waste container. *Gently* tap the inverted plate onto a clean absorbent paper towel to remove residual droplets. Cells will remain tightly adhered to well bottoms.

16.) Add 100 µl of **LDR** to each well of the assay plate. Allow the assay plate to rest at room temperature for at least 5 minutes following the addition of LDR. Do not shake the assay plate during this period.

17.) Quantify luminescence.

V. Related Products

Product No.	*Product Descriptions*
Human ERβ Assays	
IB00411-32	Human ERβ Reporter Assay System 3x 32 assays in 8-well strips (96-well plate format)
IB00411	Human ERβ Reporter Assay System 1x 96-well format assay
IB00412	Human ERβ Reporter Assay System 1x 384-well format assays
Panel of Human ERα / ERβ Assays	
IB00421-48P	Human ERα and ERβ Reporter Assay PANEL 48 assays each, in 8-well strips (96-well plate format)
Rat ERβ Assays	
R00411-32	Rat ERβ Reporter Assay System 3x 32 assays in 8-well strips (96-well plate format)
R00411	Rat ERβ Reporter Assay System 1x 96-well format assay
Bulk volumes of assay reagents may be custom manufactured to accommodate any scale of HTS. Please Inquire.	

LIVE Cell Multiplex (LCM) Assay	
Product No.	***Product Descriptions***
LCM-01	Reagent volumes sufficient to perform 96 Live Cell Assays in 1x96-well, or 2x48-well, or 3x32-well assay plate formats
LCM-05	Reagent in 5x bulk volume to perform 480 Live Cell Assays contained in 5 x 96-well assay plates
LCM-10	Reagent in 10x bulk volume to perform 960 Live Cell Assays contained in 10 x 96-well assay plates
INDIGlo Luciferase Detection Reagent	
LDR-10, -25, -50, -500	INDIGlo Luciferase Detection Reagents in 10 mL, 25 mL, 50 mL, and 500 mL volumes

Please refer to INDIGO Biosciences website for updated product offerings.

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VI. Limited Use Disclosures

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"CryoMite" is a Trademark ™ of INDIGO Biosciences, Inc. (State College, PA, USA)

Product prices, availability, specifications, and claims are subject to change without prior notice.

APPENDIX 1

Example scheme for the serial dilution of 17β-Estradiol reference agonist, and the setup of a rat ERβ dose-response assay