

Human Glucocorticoid Receptor (NR3C1, GR) Reporter Assay System

384-well Format Assays Product # IB00202

Technical Manual (Gen3a version 8.0)

www.indigobiosciences.com

3006 Research Drive, Suite A1, State College, PA 16801, USA

Customer Service: 814-234-1919; FAX 814-272-0152 customerserv@indigobiosciences.com

Technical Service: 814-234-1919 techserv@indigobiosciences.com



Human GR Reporter Assay System 384-well Format Assays

I. Description

• The Assay System
• The Assay Chemistry
Considerations for the Preparation and Automated Dispensing of Test Compounds4
Considerations for Automated Dispensing of Other Assay Reagents4
• Assay Scheme
• Assay Performance
II. Product Components & Storage Conditions
III. Materials to be Supplied by the User7
IV. Assay Protocol
• A word about <i>Antagonist</i> -mode assay setup
• DAY 1 Assay Protocol8
• DAY 2 Assay Protocol10
V. Related Products
VI. Limited Use Disclosure
APPENDIX 1a: Example Scheme for Serial Dilution when using tip-based dispensing of test compounds
APPENDIX 1b: Example Scheme for Serial Dilutions when using acoustic dispensing of test compounds

I. Description

The Assay System

This assay utilizes proprietary non-human cells engineered to provide constitutive highlevel expression of the native full-length **Human Glucocorticoid Receptor** (NR3C1), a ligand-dependent transcription factor, commonly referred to as **GR**.

INDIGO's Reporter Cells include the luciferase reporter gene functionally linked to a GR-responsive promoter. Thus, quantifying changes in luciferase expression in the treated reporter cells provides a sensitive surrogate measure of the changes in GR activity. Luciferase gene expression occurs after ligand-bound GR undergoes nuclear translocation, DNA binding, recruitment and assembly of the co-activators and accessory factors required to form a functional transcription complex, culminating in expression of the reporter gene. Unlike some other cell-based assay strategies, the readout from INDIGO's reporter cells demands the same orchestration of all intracellular molecular interactions and events that can be expected to occur *in vivo*.

GR Reporter Cells are prepared using INDIGO's proprietary **CryoMite[™]** process. This cryo-preservation method yields exceptional cell viability post-thaw, and provides the convenience of immediately dispensing healthy, division-competent reporter cells into assay plates. There is no need for cumbersome intermediate treatment steps such as spinand-rinse of cells, viability determinations, cell titer adjustments, or the pre-incubation of reporter cells prior to assay setup.

INDIGO Bioscience's nuclear receptor assays are all-inclusive cell-based assay systems. In addition to GR Reporter Cells, this kit provides two optimized media for use during cell culture and in diluting the user's test samples, the reference agonist Dexamethasone, Luciferase Detection Reagent, and a cell culture-ready assay plate.

The Assay Chemistry

INDIGO's nuclear receptor reporter assays capitalize on the extremely low background, high-sensitivity, and broad linear dynamic range of bio-luminescence reporter gene technology.

Reporter Cells incorporate the cDNA encoding beetle luciferase, a 62 kD protein originating from the North American firefly (*Photinus pyralis*). Luciferase catalyzes the mono-oxidation of D-luciferin in a Mg⁺²-dependent reaction that consumes O_2 and ATP as co-substrates, and yields as products oxyluciferin, AMP, PP_i, CO₂, and photon emission. Luminescence intensity of the reaction is quantified using a luminometer and is reported in terms of Relative Light Units (RLU's).

INDIGO's Nuclear Receptor Assays feature a luciferase detection reagent specially formulated to provide stable light emission between 30 and 100+ minutes after initiating the luciferase reaction. Incorporating a 30-minute reaction rest period ensures that light emission profiles attain maximal stability, thereby allowing assay plates to be processed in batch. By doing so, the signal output from all sample wells, from one plate to the next, may be directly compared within an experimental set.

• Considerations for the Preparation and Automated Dispensing of Test compounds •

Small molecule compounds are typically solvated at high concentration (ideally 1,000xconcentrated) in DMSO and stored frozen as master stocks. For **384-well format assays** the user will choose to dilute master stocks using one of two alternative methods. The selection of dispensing method to be used will be dictated by the type of instrument that will be used. This Technical Manual provides detailed protocols for each of these two alternative methods:

a.) Assay setups in which a conventional tip-based instrument is used to dispense µL volumes of test compounds into assay wells (protocol is presented in black text). Use Compound Screening Medium (CSM) to generate a series of 2x-concentration test compound treatment media, as described in *Step 2a* of the Assay Protocol. The final concentration of DMSO carried over into assay reactions should not exceed 0.4%; strive to use 1,000x-concentrated stocks when they are prepared using DMSO.

NOTE: CSM is formulated to help stabilize hydrophobic test compounds in the aqueous environment of the assay mixture. Nonetheless, high concentrations of extremely hydrophobic test compounds diluted in CSM may lack long-term stability and/or solubility, especially if further stored at low temperatures. Hence, it is recommended that test compound dilutions are prepared in CSM immediately prior to assay setup and are considered to be 'single-use' reagents.

and,

b.) Acoustic transfer or Pin-based dispensing of nL volumes of test compounds into assay wells (protocol is presented in blue text). Use DMSO to make a series of 1,000x-concentrated test compound stocks that correspond to each desired final assay concentrations, as described in *Step 2b* of the Assay Protocol.

Considerations for Automated Dispensing of Other Assay Reagents

When dispensing into a small number of assay plates, first carefully consider the dead volume requirement of your tip-based dispensing instrument before committing assay reagents to its setup. In essence, "dead volume" is the volume of reagent that is dedicated to the instrument; it will *not* be available for final dispensing into assay wells. The following Table provides information on reagent volume requirements, and available excesses on a *per kit* basis. Always pool the individual reporter cell suspensions and all other respective assay kit reagents before processing multiple 384-well assay plates.

Stock Reagent & Volume provided	Volume to be Dispensed (384-well plate)	Excess rgt. volume available for instrument dead volume
when using tip dispensing of <u>test cmpds</u> Reporter Cell Suspension 7.5 ml	15 μl / well 5.8 ml / plate	~ 1.7 ml
when using acoustic dispensing of <u>test cmpds</u> Reporter Cell Suspension 15 ml	30 μl / well 11.5 ml / plate	~ 3.4 ml
Detection Substrate 7.8 ml	15 μl / well 5.8 ml / plate	~ 2 ml

Assay Scheme

The *Day 1* preparation, volumes, and chronology of dispensing cells and test compounds are different between assay setups using a *tip-based dispenser* (**1a**) and those using an *acoustic transfer device* (**1b**). Following 22 -24 hours incubation Detection Substrate is added. Light emission is quantified using a plate-reading luminometer.

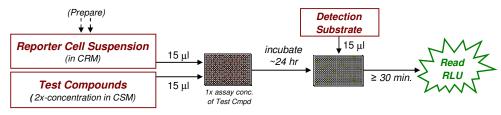
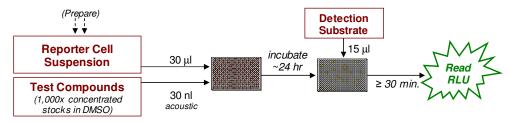


Figure 1a. Assay workflow if using conventional tip-based dispensing of test compounds.





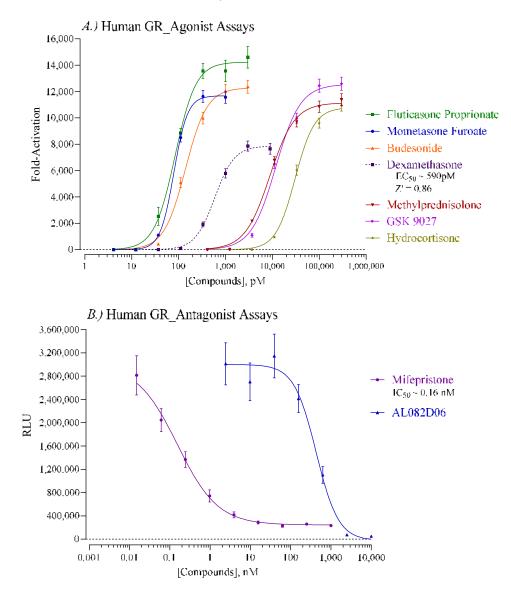


Figure 2. Human GR assay performance

Agonist and antagonist dose-response analyses of human GR.

A.) Agonist assays. Reporter Cells were treated with the reference agonists Dexamethasone, Mometasone furoate, Fluticasone propionate, Budesonide, Methylprednisolone, GSK 9027, and Hydrocortisone. The EC_{50} for dexamethasone is approximately 590 pM. Z' values exceeded 0.78 for all reference compounds, thus confirming the robust performance of this Human GR assay and its suitability for use in HTS applications.¹

B.) Antagonist assays. Reporter Cells were co-treated with a fixed EC_{80} concentration of the challenge agonist dexamethasone and variable concentrations of the reference antagonists Mifepristone and AL082D06.

Luminescence was quantified and RLU values averaged (n=3/treatment). Agonist assay data was normalized to Fold-Activation. GraphPad Prism software was used to perform the least squares method of non-linear regression and to determine respective EC_{50} and IC_{50} values. The reference agonist Dexamethasone is provided, all other chemicals were procured from Cayman Chemical (USA).

¹ Zhang JH, Chung TD, Oldenburg KR. (1999) A Simple Statistical Parameter for Use in Evaluation and Validation of High Throughput Screening Assays. J Biomol Screen.:**4** (2), 67-73.

II. Product Components & Storage Conditions

This Human GR Reporter Assay kit contains materials to perform assays in a single 384well assay plate.

Cryopreserved mammalian cells are temperature sensitive! To ensure maximal viability the tube of Reporter Cells must be maintained at -80°C until immediately prior to the rapid-thaw procedure described in this protocol.

Assay kits are shipped on dry ice. Upon receipt of the kit transfer it to -80°C storage. If you wish to first inventory the individual kit components be sure to first transfer and submerge the tube of cells in dry ice.

The aliquot of Reporter Cells is provided as a single-use reagent. Once thawed, the cells can NOT be refrozen. Nor can they be maintained in extended culture with any hope of retaining downstream assay performance. Therefore, extra volumes of these reagents should be discarded after assay setup.

The date of product expiration is printed on the Product Qualification Insert (PQI) enclosed with each kit.

Kit Components	Amount	Storage Temp.
• GR Reporter Cells	1 x 1.0 mL	-80°C
Cell Recovery Medium (CRM)	1 x 7 mL	-20°C
Compound Screening Medium (CSM)	1 x 45 mL	-20°C
 Dexamethasone, 9.0 μM (in DMSO) reference agonist for GR 	1 x 80 μL	-20°C
Detection Substrate	1 x 7.8 mL	-80°C
 384-well assay plate (white, sterile, cell-culture ready) 	1	ambient

III. Materials to be Supplied by the User

The following materials must be provided by the user, and should be made ready prior to initiating the assay procedure:

DAY 1

- dry ice container
- cell culture-rated laminar flow hood.
- 37°C, humidified 5% CO₂ incubator for mammalian cell culture.
- 37°C water bath.
- 70% alcohol wipes
- 8-channel electronic, repeat-dispensing pipettes & tips suitable for dispensing 15 μl.
- disposable media basins, sterile.

• sterile multi-channel media basins *or* deep-well plates, *or* appropriate similar vessel for generating dilution series of reference compound(s) and test compound(s).

• Optional: antagonist reference compound (e.g., Fig. 2)

DAY 2 plate-reading luminometer.

IV. Assay Protocol

Review the entire Assay Protocol before starting. Completing the assay requires an overnight incubation. *Steps 1-8* are performed on **Day 1**, requiring less than 2 hours to complete. *Steps 9-13* are performed on **Day 2** and require less than 1 hour to complete.

A word about Antagonist-mode assay setup

Receptor inhibition assays expose the Reporter Cells to a constant, sub-maximal concentration (typically between $EC_{50} - EC_{85}$) of a known agonist AND varying concentrations of the test compound(s) to be evaluated for antagonist activity. This GR Reporter Assay kit includes a 9.0 µM stock solution of **Dexamethasone**, a potent agonist of GR that may be used to set up antagonist-mode assays. 1,000 pM dexamethasone typically approximates EC_{80} in this assay. Hence, it is a suitable *final assay concentration* of agonist to be used when screening test compounds for inhibitory activity.

Adding the challenge agonist Dexamethasone to the bulk suspension of Reporter Cells (*i.e.*, prior to dispensing into assay wells) is the most efficient and precise method of setting up antagonist assays, and it is the method presented in *Step 5b* of the protocol when performing tip-based dispensing, and *Step 6b* of the protocol when using an acoustic transfer device to dispense test compounds.

Note that when using a *tip-based instrument* for the dispensing of 2x-concentrated test compounds the cell suspension must also be supplemented with a **2x**-concentration (~2,000 pM) of the challenge agonist Dexamethasone.

When using an *acoustic transfer* device for the dispensing of 1,000x-concentrated test compounds the cell suspension should be supplemented with a **1x**-concentration (~1,000 nM) of the challenge agonist Dexamethasone.

DAY 1 Assay Protocol:

All steps must be performed using proper aseptic technique.

1.) Remove **Cell Recovery Medium (CRM)** and **Compound Screening Medium (CSM)** from freezer storage and thaw in a 37°C water bath.

2.) Prepare dilutions of treatment compounds: Prepare Test Compound treatment media for *Agonist-* or *Antagonist-mode* screens. NOTE that test and reference compounds will be prepared differently when using tip-dispensing *vs.* acoustic dispensing. Regardless of the method, the total DMSO carried over into assay reactions should not exceed 0.4%.

- *a. Tip dispensing method*: In *Step 6*, 15 μl / well of the prepared treatment media is added to the assay that has been pre-dispensed with 15 μl /well of Reporter Cells. Hence, to achieve the desired *final* assay concentrations one must prepare treatment media with a 2x-concentration of the test and reference material(s). Use CSM to prepare the appropriate dilution series. Plan dilution volumes carefully; this assay kit provides 45 ml of CSM.
- *b.* Acoustic dispensing method: In Step 6, 30 nl / well of **1,000x**-concentrated test compound solutions (prepared in DMSO) are added to the assay plate using an acoustic transfer device.

Preparing the positive control: This assay kit includes a 9.0 μ M stock solution of **Dexamethasone**, a potent reference agonist of GR. The following 7-point treatment series, with concentrations presented in 3-fold decrements, provides a complete dose-response: 9000, 3000,1000, 333, 111, 37.0, and 12.3 pM. Always include 'no treatment' (or 'vehicle only') control wells. **APPENDIX 1** provides guidance for generating such a dilution series.

APPENDIX 1a provides an example for generating this dilution series to be used when *tip-dispensing* compound solutions prepared in CSM (15 μ l / well).

APPENDIX 1b provides an example for generating a series of 1,000x-concentrated solutions of compounds prepared in DMSO to be used when performing *acoustic dispensing* (30 nl / well).

When using tip-based instrumentation for dispensing test compounds ...

3.) *First*, retrieve the tube of **CRM** from the 37°C water bath, sanitize the outside with a 70% ethanol swab;

Second, retrieve **Reporter Cells** from -80°C storage and immerse in dry ice to transport the tube to a laminar flow hood. Perform a *rapid thaw* of the frozen cells by transferring a **6.5 ml** volume of 37°C CRM into the tube of frozen cells. Recap the tube of Reporter Cells and place it in a 37°C water bath for 5 - 10 minutes. The resulting volume of cell suspension will be 7.5 ml.

4.) Retrieve the tube of Reporter Cell Suspension from the water bath. Sanitize the outside surface of the tube with a 70% alcohol swab, then transfer it into the cell culture hood.

5.) Gently invert the tube of cell suspension several times to disperse cell aggregates and gain a homogenous suspension.

a. for *Agonist*-mode assays: Dispense 15 μl / well of cell suspension into the Assay Plate.

~ or ~

b. for Antagonist-mode assays: Supplement the bulk volume of Reporter Cells suspension with a <u>2x-concentration</u> of the challenge agonist (refer to "A word about antagonist-mode assay setup", pg. 7). Dispense **15 \mul / well** of cell suspension into the Assay Plate.

6.) Dispense $15 \,\mu$ l / well of 2x-concentrated treatment media (from *Step 2a*) into the assay plate.

When using an acoustic transfer device for dispensing test compounds ...

3.) Dispense **30 nl / well** of the 1,000x-concentrated compounds (in DMSO solutions, from *Step 2b*) into the assay plate.

4.) *First*, retrieve the tube of **CRM** from the 37°C water bath, sanitize the outside with a 70% ethanol swab;

Second, retrieve **Reporter Cells** from -80°C storage and immerse in dry ice to transport the tube to a laminar flow hood. Perform a *rapid thaw* of the frozen cells by transferring a **6.5 ml** volume of 37°C CRM into the tube of frozen cells. Recap the tube of cells and place it in a 37°C water bath for 5 - 10 minutes. The resulting volume of cell suspension will be 7.5 ml.

5.) Retrieve the tube of cell suspension from the water bath. Sanitize the outside surface of the tube with a 70% alcohol swab. Add an additional **7.5 ml** of **CSM** to the tube. The resulting volume of cell suspension will be 15 ml.

6.) Gently invert the tube of cells several times to disperse cell aggregates and gain a homogenous cell suspension.

a. for *Agonist*-mode assays: Dispense $30 \mu l / well$ of cell suspension into the Assay Plate that has been pre-dispensed with test compounds.

 $\sim or \sim$ **b. for** *Antagonist*-mode assays: First supplement the bulk volume of GR Reporter Cells suspension with the challenge agonist **Dexamethasone** to achieve an EC₅₀ – EC₈₀ concentration (refer to "*A word about antagonist-mode assay setup*", pg. 8). Then dispense **30 µl / well** of the supplemented cell suspension into the assay plate that has been pre-dispensed with test compounds.

NOTE: Following the dispensing of Reporter Cells and test compounds INDIGO recommends performing a *low-speed* spin of the assay plate (with lid) for ≤ 1 minute using a room temperature centrifuge fitted with counter-balanced plate carriers.

7.) Transfer the assay plate into a 37°C, humidified, 5% CO₂ incubator for <u>22 - 24 hours</u>.

NOTE: Ensure a high-humidity (\geq 70%) environment within the cell culture incubator. This is critical to prevent the onset of deleterious "edge-effects" in the assay plate.

8.) For greater convenience on *Day 2*, retrieve **Detection Substrate** from freezer storage and place in a dark refrigerator (4°C) to thaw overnight.

DAY 2 Assay Protocol:

Subsequent manipulations do *not* require special regard for aseptic technique and may be performed on a bench top.

9.) Approximately 30 minutes before intending to quantify receptor activity remove **Detection Substrate** from the refrigerator and place it in a low-light area so that it may equilibrate to room temperature. Gently invert the tube several times to ensure a homogenous solution.

NOTE: Do NOT actively warm Detection Substrate above room temperature. If this solution was not allowed to thaw overnight at 4°C, a room temperature water bath may be used to expedite thawing.

10.) Set the plate-reader to "luminescence" mode. Set the instrument to perform a single $5 \frac{1}{2}$ second "plate shake" prior to reading the first assay well. Read time may be set to 0.5 second (500 mSec) per well, *or less*.

11.) Following 22 - 24 hours of incubation dispense $15 \mu l / well$ of **Detection Substrate** to the assay plate.

NOTE: Perform this reagent transfer carefully to avoid bubble formation! Scattered micro-bubbles will not pose a problem. However, bubbles covering the surface of the reaction mix, or large bubbles clinging to the side walls of the well, will cause lens-effects that will degrade the accuracy and precision of the assay data. It is recommended to perform a final *low-speed* spin of the assay plate (with lid) for ≤ 1 minute using a room temperature centrifuge fitted with counter-balanced plate carriers.

12.) Allow the plate(s) to rest at room temperature for 30 minutes. Do not shake the assay plate(s) during this period.

NOTE: the 30-minute rest period allows the luminescence signal to achieve stable emission output.

- **13.)** Quantify luminescence.
- 14.) Analyze data.

V. Related Products

Product No.	Product Descriptions			
Human GR Assays				
IB00201-32	Human GR Reporter Assay System 3x 32 assays in 8-well strips (96-well plate format)			
IB00201	Human GR Reporter Assay System 1x 96-well format assay			
IB00202	Human GR Reporter Assay System 1x 384-well format assays			
Mouse GR Assays				
M00201-32	Mouse GR Reporter Assay System 3x 32 assays in 8-well strips (96-well plate format)			
M00201	Mouse GR Reporter Assay System 1x 96-well format assay			
Rat GR Assays				
R00201-32	Rat GR Reporter Assay System 3x 32 assays in 8-well strips (96-well plate format)			
R00201	Rat GR Reporter Assay System 1x 96-well format assay			
Zebrafish GR Assays				
Z00201-32	Zebrafish GR Reporter Assay System 3x 32 assays in 8-well strips (96-well plate format)			
Z00201	Zebrafish GR Reporter Assay System 1x 96-well format assay			
Bulk volumes of Assay Reagents may be custom manufactured to Accommodate any scale of HTS. Please Inquire.				

LIVE Cell Multiplex (LCM) Assay			
LCM-01	Reagent volumes sufficient to perform 96 Live Cell Assays in 1x96-well, or 2x48-well, or 3x32-well assay plate formats		
LCM-05	Reagent in 5x bulk volume to perform 480 Live Cell Assays performed in 5 x 96-well assay plates		
LCM-10	Reagent in 10x bulk volume to perform 960 Live Cell Assays performed in 10 x 96-well assay plates		
INDIGIo Luciferase Detection Reagent			
LDR-10, -25, -50, -500	INDIGIo Luciferase Detection Reagents in 10 mL, 25 mL, 50 mL, and 500 mL volumes		

Please refer to INDIGO Biosciences website for updated product offerings.

www.indigobiosciences.com

VI. Limited Use Disclosures

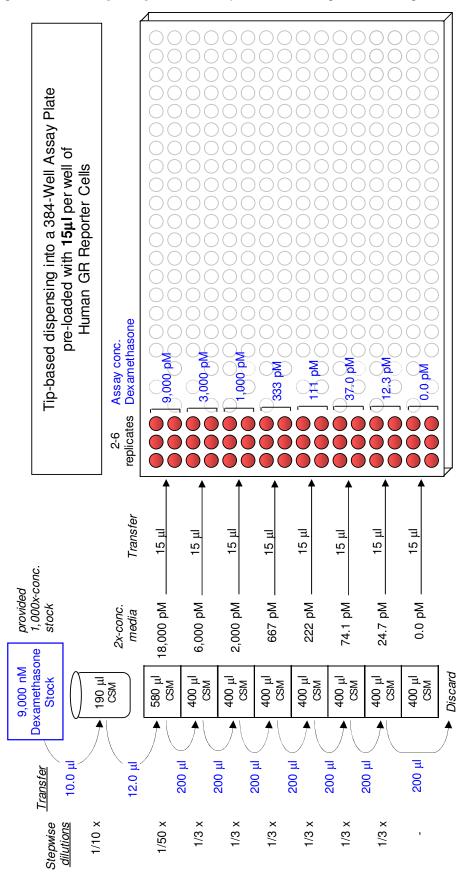
Products offered by INDIGO Biosciences, Inc. are for RESEARCH PURPOSES ONLY – not for therapeutic, diagnostic, or contact use in humans or animals.

"CryoMite" is a Trademark TM of INDIGO Biosciences, Inc. (State College, PA, USA).

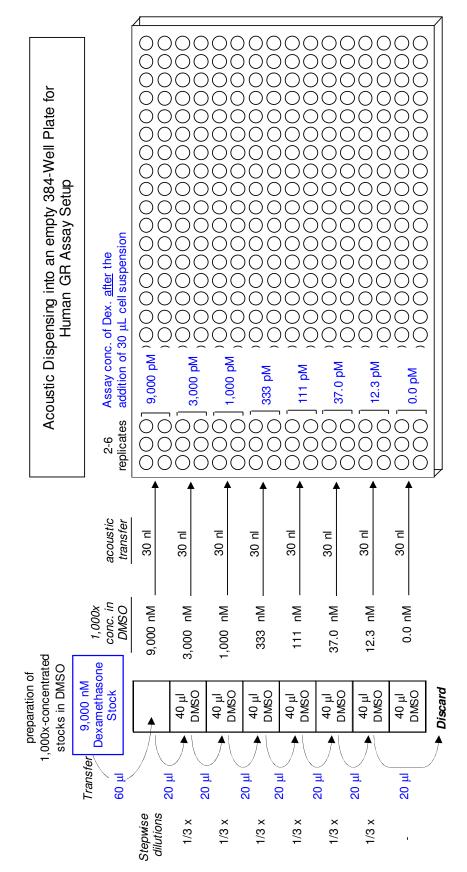
Product prices, availability, specifications, claims and technical protocols are subject to change without prior notice. The printed Technical Manual provided in the kit box will always be the most recently updated version available.

Copyright © INDIGO Biosciences, Inc. (State College, PA, USA). All rights reserved.

APPENDIX 1a for tip-based dispensing. Example scheme for the serial dilution of the reference agonist Dexamethasone into CSM to generate **2x-concentrated** treatment media. A *tip-based* instrument is used to dispense 15 μ l / well into an assay plate that has been *pre-dispensed* with 15 μ l / well of GR Reporter Cells suspension.



APPENDIX 1b for acoustic dispensing. Example scheme for the serial dilution of the reference agonist Dexamethasone into DMSO to generate **1,000x-concentrated** stocks. 30 nl / well are pre-dispensed into an empty assay plate using an acoustic transfer device.



Page 14